



Vel Tech
Rangarajan Dr. Sagunthala
R&D Institute of Science and Technology
(Approved by UGC, AICTE, NBA, ASI, etc.)

EVENT No: 114

YOGA DAY CELEBRATION - 21.06.2020

Event: Yoga Day celebration

Date: June 21st, 2020

Time: 9.30 am

Venue: MS teams – online platform

Our institution yoga club organized “Yoga Day celebration” virtually on 21.06.2020. Students were actively participated the event and asked to practice the yoga asanas. During the program benefits of yoga in achieving peace of mind and relieving stress has been delivered to the participated students.



Students practicing Yoga conducted through online



Yoga demonstration conducted through online

[Signature]

Dr. M. Sivakumar
Dean - Freshman Engineering

Vel Tech
Rangarajan Dr. Sagunthala
R&D Institute of Science and Technology
(Approved by UGC, AICTE, NBA, ASI, etc.)

[Signature]
Prof. Dr. E. Kannan
Registrar

Vel Tech
Rangarajan Dr. Sagunthala
R&D Institute of Science and Technology
(Approved by UGC, AICTE, NBA, ASI, etc.)