



INTERNATIONAL YOGA DAY



PLACE: Microsoft Teams meeting(Online platform)

DATE:21-06-2021

TIME:6:00 AM - 7:30 AM

NSS PROGRAMME COORDINATOR: T. Niruban Projoth

NSS PROGRAMME OFFICER: P.Jayaraman

VOLUNTEERS PARTICIPATED:75

CHIEF GUESTS: 1.Dr.E.Khanan(Registrar)

2.Mr.Yogi Mohan Pandey(Yoga Instructor)

EVENT MISSION:

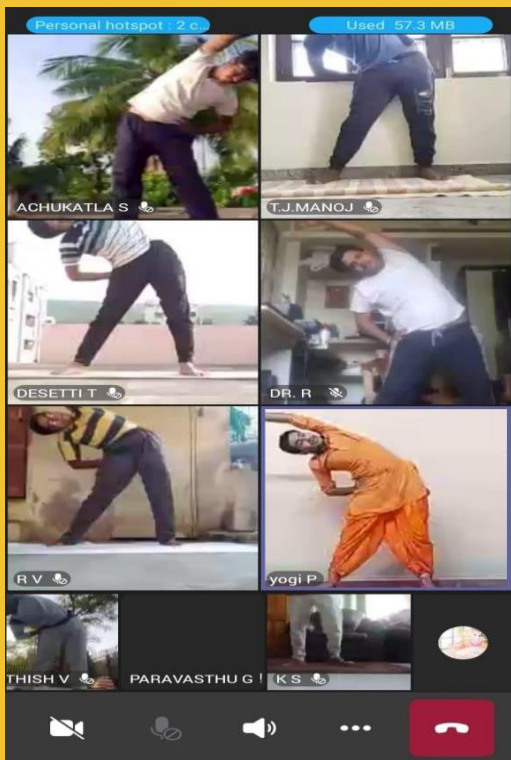
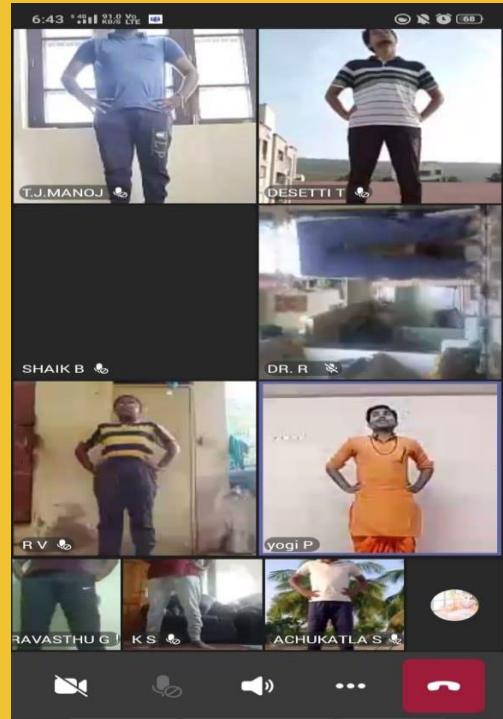
The theme of the International Day of Yoga is 'Yoga For Wellness', and the focus will be on participating Yoga for physical and mental well-being. 'yoga shows us the road from stress to strength and from negativity to creativity. June 21 is marked as the annual International Day for Yoga to celebrate the ancient Indian art of healthy living. As it is celebrated all over the globe, International Yoga day event usually begins 3-4 months prior, ultimately making it a global event, where millions of people come together to speculate the significance of the Yoga Day.

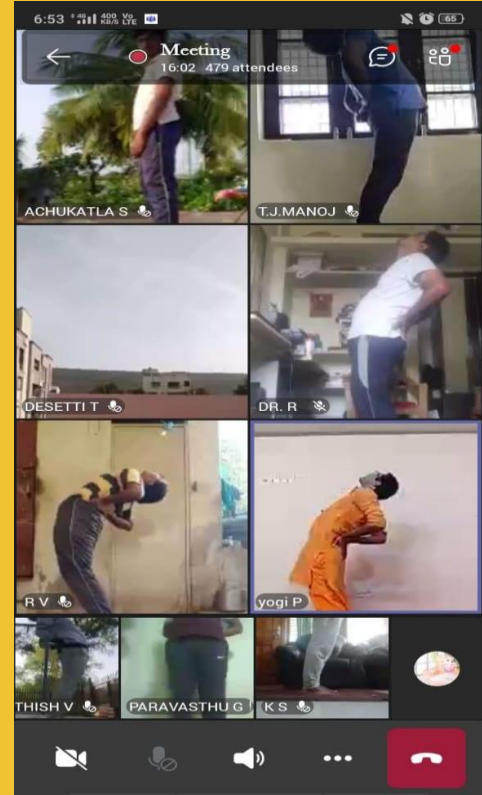
EVENT:

On the occasion of International Yoga Day which is celebrated on 21st June, the NSS club members and coordinators organized a virtual event in the online platform with the chief guests Dr.E.Khanan(Registrar) and Mr. Yoga Mohan Pandey, the yoga instructor. The event was held between 6:00 AM to 7:30 AM carrying the theme "yoga for well-being". One of our club members started the meeting by sharing the importance of yoga and welcomed the guests. The yoga instructor explained about different types of Yoga Asanas and how they are beneficial to our body. He also conducted a practical session with the

volunteers by showing different types of asanas which made all the volunteers take part in the event by performing asanas. The session ended with a vote of thanks by one of the club members.







PARTICIPANTS FEEDBACK:

The participants felt happy and worthy to take part in this event where they learned about the significance of Yoga on a routine basis to keep their physical and mental condition robust.

OUTCOME:

The Event has become a huge success than expected with the help of guests,co-ordinators and volunteers of the club.



Vel Tech
Rangarajan Dr. Sagunthala
R&D Institute of Science and Technology
(Deemed to be University Estd. w/s 3 of UGC Act, 1956)

List of Participants

Academic Year: 2020-21

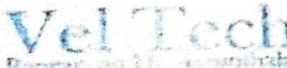
Title of the Event: International Day of Yoga

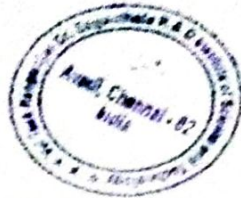
Date: 21-06-2021

Sl.No	VTU.No	Name of the Student	Department
1	VTUI2358	MUSARAF R	B.Tech. - Biomedical Engineering
2	VTUI2855	VIDHYADARSHINI R	B.Tech. - Biomedical Engineering
3	VTUI2891	SUBHIKSHA M	B.Tech. - Biomedical Engineering
4	VTUI3131	ROBERT ARAVINDH R	B.Tech. - Biomedical Engineering
5	VTUI3136	RAGAVI M S	B.Tech. - Biomedical Engineering
6	VTUI3142	M PRAVEEN KUMAR	B.Tech. - Biomedical Engineering
7	VTUI3630	SWETA JHA	B.Tech. - Biomedical Engineering
8	VTUI4438	AJMAL THAHSEEN A P	B.Tech. - Biomedical Engineering
9	VTUI1008	SHRUTHI.E.R	B.Tech. - Biotechnology
10	VTUI1154	KOWSALYA K	B.Tech. - Biotechnology
11	VTUI1155	VITHYASREE S	B.Tech. - Biotechnology
12	VTUI1373	ISHWARIYA S	B.Tech. - Biotechnology
13	VTUI4383	NITHU SARKAR	B.Tech. - Civil Engineering
14	VTUI4417	LALRUATPUJI RALTE	B.Tech. - Civil Engineering
15	VTUI4536	MALLELA VINAY KUMAR REDDY	B.Tech. - Civil Engineering
16	VTUI4604	KUNDELLA VENKATA SUBBAIAH	B.Tech. - Civil Engineering
17	VTUI4690	SANCHANA ABHIHITH	B.Tech. - Civil Engineering
18	VTUI4844	KASINABOYINA MADHUSUDHANA RAO	B.Tech. - Civil Engineering
19	VTUI4924	KOLLI DILEEP MADHU KUMAR	B.Tech. - Civil Engineering
20	VTUI0979	NADAM VIJAY	B.Tech. - Computer Science and Engineering
21	VTUI0999	VIPPADAPU AKHIL	B.Tech. - Computer Science and Engineering
22	VTUI1211	DASARI YAMINI SAI GOWRI PRIYANKA	B.Tech. - Computer Science and Engineering
23	VTUI1236	VAITHIYANATHAN P	B.Tech. - Computer Science and Engineering
24	VTUI1240	SURIYAKANTH R	B.Tech. - Computer Science and Engineering
25	VTUI1655	SWEKIN SHANTHINI AROKIYA J	B.Tech. - Computer Science and Engineering
26	VTUI1786	JIIYAU HAQUE	B.Tech. - Computer Science and Engineering
27	VTUI2304	BODDU YAGNA PRIYA	B.Tech. - Computer Science and Engineering
28	VTUI2481	YEDLAPALLI SREEPRIYA	B.Tech. - Computer Science and Engineering
29	VTUI2861	THURAKA PAVANI PRIYA	B.Tech. - Computer Science and Engineering
30	VTUI3203	KONKALA SUPRIYA	B.Tech. - Computer Science and Engineering
31	VTUI3481	VIVEK KUMAR MADDESHIYA	B.Tech. - Computer Science and Engineering

Sl.No	VTU.No	Name of the Student	Department
32	VTUI3593	DIPESH KUMAR CHAURASIYA	B.Tech. - Computer Science and Engineering
33	VTUI3600	IRSHAD ALI DHUNIYA	B.Tech. - Computer Science and Engineering
34	VTUI3605	SADDAM MIYA MANSURI	B.Tech. - Computer Science and Engineering
35	VTUI3746	VELUTHURLA THRINADH REDDY	B.Tech. - Computer Science and Engineering
36	VTUI3747	VADLAMUDI MAHENDRA	B.Tech. - Computer Science and Engineering
37	VTUI3748	PANAMGANTI ANIL KUMAR	B.Tech. - Computer Science and Engineering
38	VTUI3749	SAGAR KUMAR	B.Tech. - Computer Science and Engineering
39	VTUI3750	DARSI VENKATA NARAYANA	B.Tech. - Computer Science and Engineering
40	VTUI3751	KALISSETTY BHANU SRI	B.Tech. - Computer Science and Engineering
41	VTUI3752	KALISSETTY SRI MON SAI KUMAR	B.Tech. - Computer Science and Engineering
42	VTUI3754	BOBBALA MADHAVA REDDY	B.Tech. - Computer Science and Engineering
43	VTUI3769	BALA BOMMALA TEJA	B.Tech. - Computer Science and Engineering
44	VTUI3770	KOSURI BALA SRI NARASIMHA K. V. PRAJ NA	B.Tech. - Computer Science and Engineering
45	VTUI3771	PRAVIN R	B.Tech. - Computer Science and Engineering
46	VTUI3777	GANGU PRUDHVI RAJ	B.Tech. - Computer Science and Engineering
47	VTUI3780	SREYAAW TALLAPRAGADA	B.Tech. - Computer Science and Engineering
48	VTUI3781	U.SIVA NARAYANA	B.Tech. - Computer Science and Engineering
49	VTUI3803	YARAMALA TARUN KUMAR REDDY	B.Tech. - Computer Science and Engineering
50	VTUI3807	N CHARAN SAI	B.Tech. - Computer Science and Engineering
51	VTUI3808	P.RAVI TEJA	B.Tech. - Computer Science and Engineering
52	VTUI3812	BIRDULA SRI VENKATA VIDYA DEEPU	B.Tech. - Computer Science and Engineering
53	VTUI4189	BHIMANI SASI PRIYA	B.Tech. - Computer Science and Engineering
54	VTUI4307	GOLLU TEENA PRIYANKA	B.Tech. - Computer Science and Engineering
55	VTUI4412	SUPRIYA DEBNATH	B.Tech. - Computer Science and Engineering
56	VTUI3971	ALOK KUMAR	B.Tech. - Electronics & Communication Engineering
57	VTUI8817	MARDHINI R	B.Tech. - Electronics & Communication Engineering
58	VTUI8818	MOHAMMED SHEFFI N	B.Tech. - Electronics & Communication Engineering
59	VTUI8819	ROBERT JEROLD S	B.Tech. - Electronics & Communication Engineering
60	VTUI8820	ROHITH D	B.Tech. - Electronics & Communication Engineering
61	VTUI8821	KUMARAN.S	B.Tech. - Electronics & Communication Engineering
62	VTUI8822	VIGNESHKUMAR S	B.Tech. - Electronics & Communication Engineering
63	VTUI8871	MORLA SANDEEPKUMAR	B.Tech. - Electronics & Communication Engineering
64	VTUI8872	GOPI J	B.Tech. - Electronics & Communication Engineering
65	VTUI8873	SANTHANA KRISHNAN.U	B.Tech. - Electronics & Communication Engineering
66	VTUI8878	SENTHORA PANDI R	B.Tech. - Electronics & Communication Engineering
67	VTUI0985	TATIKONDA SIDDHU	B.Tech. - Information Technology
68	VTUI1152	JAGANATHAN V	B.Tech. - Information Technology
69	VTUI1306	JANANI T	B.Tech. - Information Technology
70	VTUI2278	YUGANDHAR SURIYA	B.Tech. - Information Technology

SLNo	VTU.No	Name of the Student	Department
71	VTUI5106	S.SRINIDHI	B.Tech. - Information Technology
72	VTUI5127	K SIRI	B.Tech. - Information Technology
73	VTUI5134	ROSHAN	B.Tech. - Information Technology
74	VTUI5157	M KRISHNAVENI	B.Tech. - Information Technology
75	VTUI6151	THAKUR VEDANSHU RAJ	B.Tech. - Information Technology


 Dr. M. Sivakumar
 Dean - Freshman Engineering

 Vel Tech
 Ramaprasad Dr. Sengodan
 8650 Linnbrook Rd, New York, NY 10003
 Established in 1984, Vel Tech is a leading institution in the field of engineering.




 Prof. Dr. E. Kannan
 Registrar

 Vel Tech
 Ramaprasad Dr. Sengodan
 8650 Linnbrook Rd, New York, NY 10003
 Established in 1984, Vel Tech is a leading institution in the field of engineering.